

Author	Year	Country	Sample Size	Method	Findings
Smith et al.	2001	USA	1,200	Survey	High levels of stress and anxiety reported among adolescents.
Johnson et al.	2003	UK	800	Interview	Adolescents with mental health problems often experience social isolation.
Lee et al.	2005	Canada	1,500	Survey	Increased risk of substance use among adolescents with mental health issues.
Kim et al.	2007	South Korea	900	Survey	Family support significantly impacts adolescent mental health outcomes.
Nguyen et al.	2009	Vietnam	1,100	Survey	Stigma remains a major barrier to seeking mental health services.
Patel et al.	2011	India	1,300	Survey	Limited access to mental health services in rural areas.
Wong et al.	2013	China	1,400	Survey	Academic pressure is a significant source of stress for Chinese adolescents.
Alvarez et al.	2015	Spain	1,000	Survey	Peer relationships play a crucial role in adolescent mental health.
Chen et al.	2017	Taiwan	1,200	Survey	Digital technology use associated with increased anxiety symptoms.
Okun et al.	2019	Nigeria	1,100	Survey	Cultural beliefs influence the perception and treatment of mental health.
Roberts et al.	2021	USA	1,300	Survey	COVID-19 pandemic exacerbates existing mental health issues.
Thompson et al.	2022	UK	1,400	Survey	Improved mental health services for adolescents are needed.

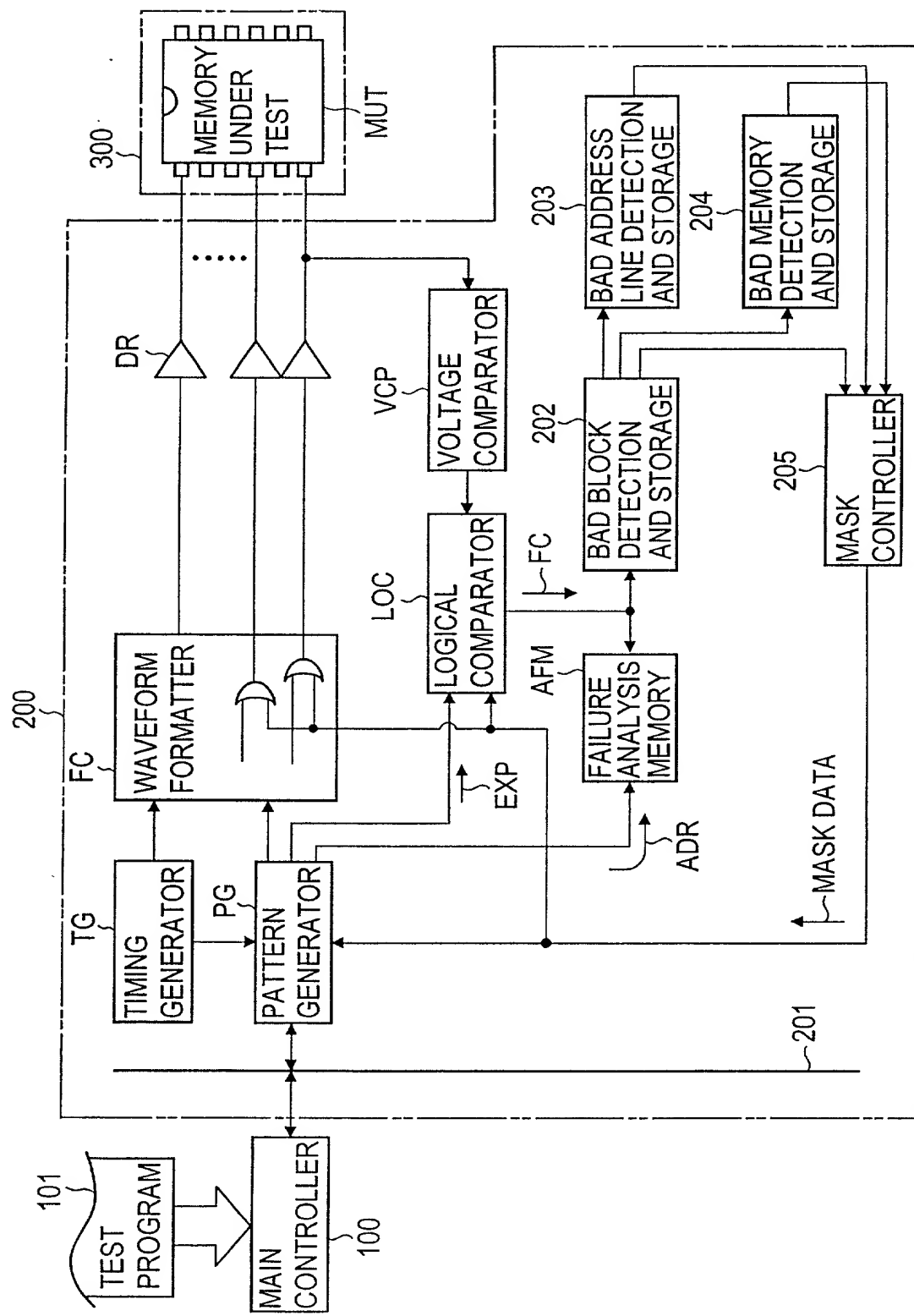




FIG.3

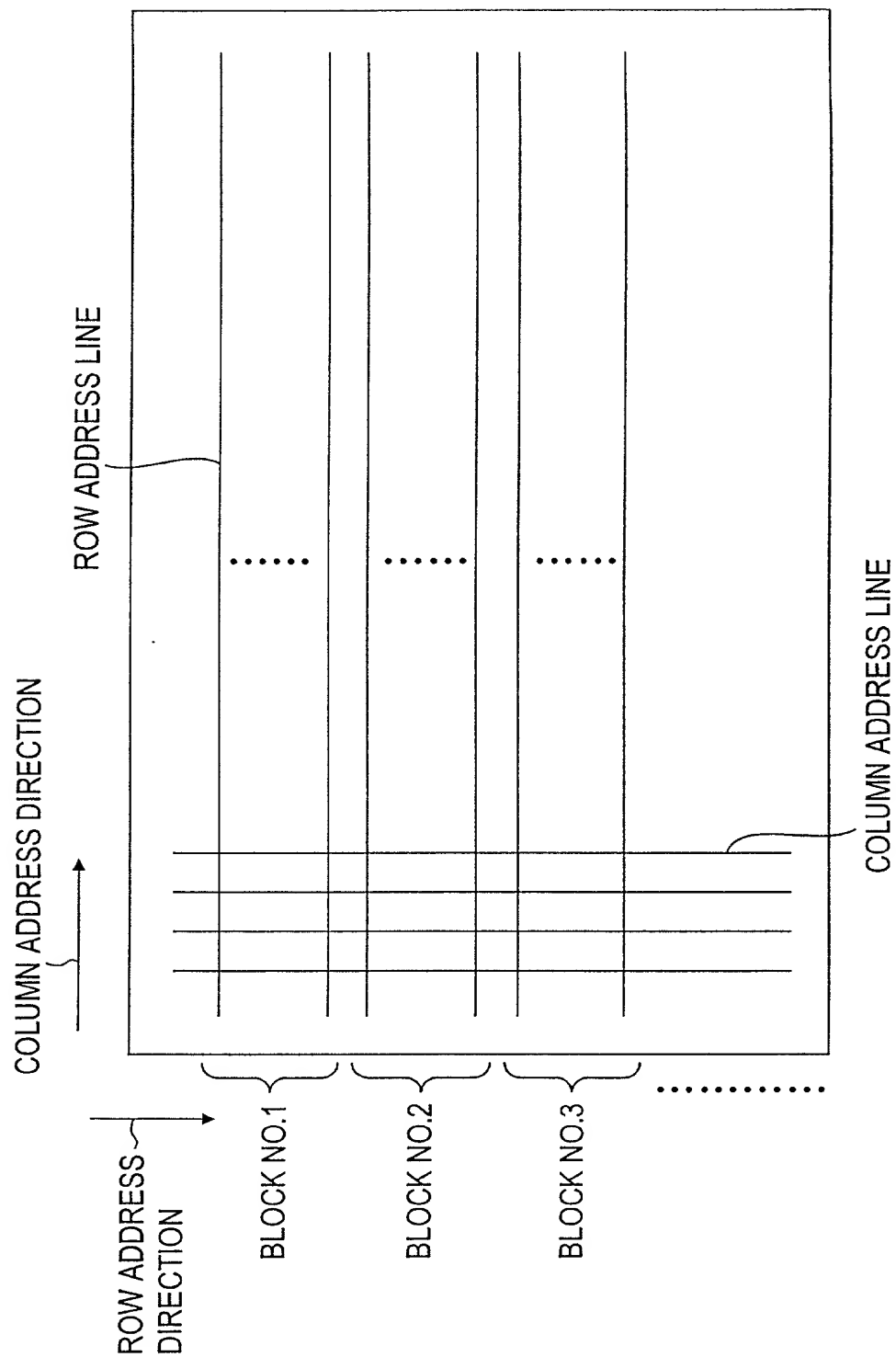
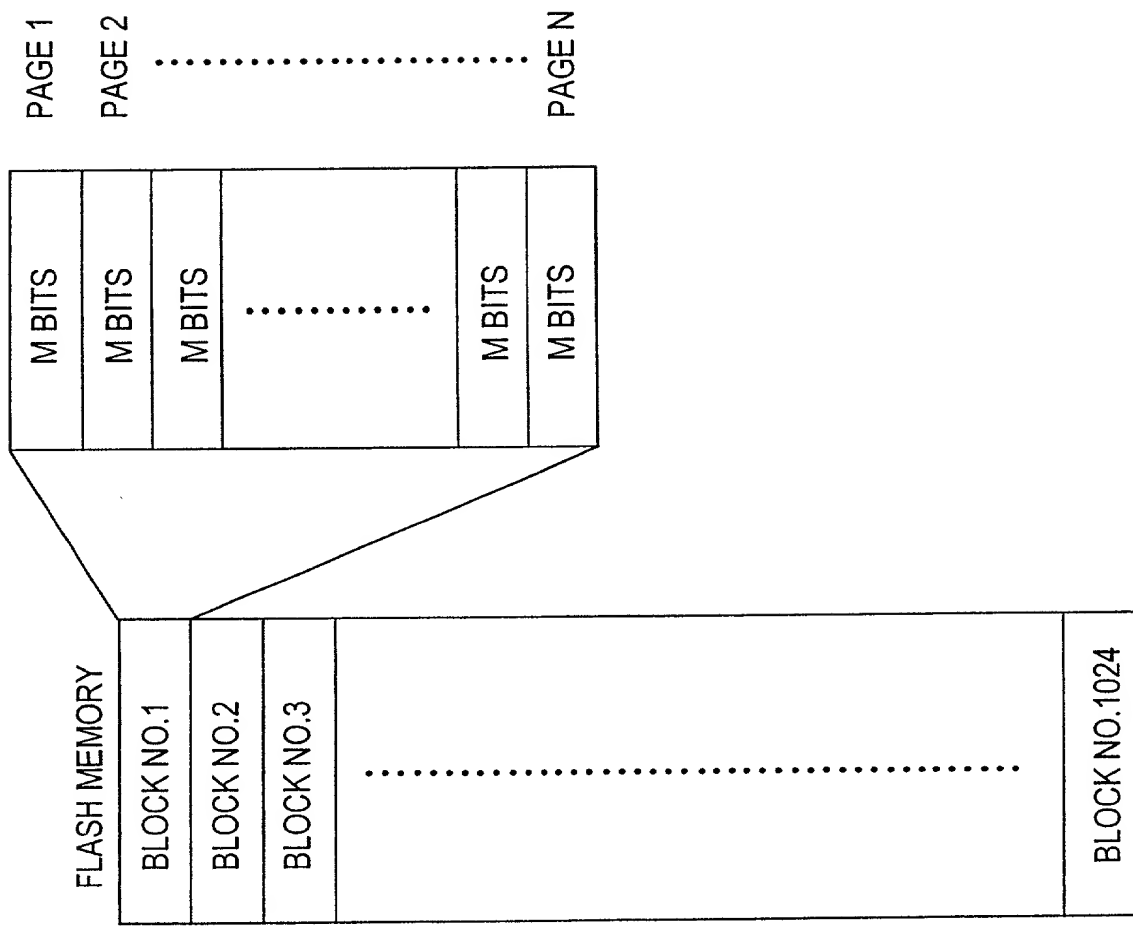


FIG.4



[illegible]

FIG. 6

